

AIM Group Schedule- June/July 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30AM- Jason	5:30AM- Jason	5:30AM- Jason		5:30AM- Jason		
	6:00AM- Kelly			6:00AM- Kelly		
6:30AM- Jason		6:30AM- Jason		6:30AM- Jason		
7:00AM- DC	7:00AM- DC	7:00AM- DC	7:00AM- DC			
7:30AM- Jason		7:30AM- Jason		7:30AM- Jason	7:45am- Kelly	
				8:00AM- DC	8:00AM- Jason	
9:00AM- Jason	9:00AM- Jason	9:00AM- Jason	9:00AM- Jason	9:00AM- Jason	9:00AM- Jason	
9:00AM- DC	9:00AM- DC		9:00AM- DC	9:00AM- DC		
9:30AM- Kelly		9:30AM- Kelly		9:30AM- Kelly		
10:00AM- DC		10:00AM- DC		10:00AM- DC	10:30AM- Tiff	
	11:00AM- Kelly		11:00AM- Kelly			
						12:30PM- Kelly
	1:00PM- Kelly		1:00PM- Kelly			
		4:30pm- DC (Boxing)				
5:30PM- Kelly						
	6:00PM- DC (Boxing)		6:00PM- DC (Boxing)			
6:15PM- Jason			6:15PM- Jason			

NOTES:						
Football Strength & Conditioning (Beginning 6/3)	Monday 10:30		Wednesday 10:30		Friday 10:30	
Volleyball Strength & Conditioning (Beginning June 15)		Tuesday 12:00		Thursday 12:00		